

J U N E 2 0 1 3

Autism Services

Summertime!



Building Capacity

As school is coming to a close, many families are thinking about the impact of their children being away from school. For many of our students on the autism spectrum, changing the summer routine can be difficult and finding camps and activities can be tumultuous.

This newsletter has a list of summer camps and activities with descriptions, contact information and camp features listed. Please share this information with your families.

The newsletter also has some reminders about end of the year regrouping for the autism library. If you have checked out library materials, please PONY them to your autism consultant.

Contact your Autism Consultant

Lauren Page

Autism Consultant TOSA
Lpage@pps.net

Carlyn Eames

Autism Consultant
ceames@pps.net

Keith Early

Autism Consultant
kearly@pps.net

Claire Skelly

Autism Consultant
cskelly@pps.net

Julie Smith

Autism Consultant
jusmith@pps.net

Amy Lumberras

Autism Para-Educator Coach
Alumbrer@pps.net

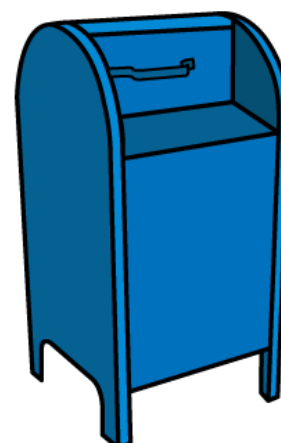
**Contact your ASD Consultant with any questions, concerns or requests for materials*

Autism Library Materials


Many teachers, SLPs, school psychologists, general education teachers, para-educators, and other school staff have checked out materials from our extensive Autism Library. All of these materials need to be inventoried back into our library prior to leaving for summer break.

If you know what materials you have checked out, please PONY them to your autism consultant at the BESC.




If you can't remember, your autism consultant will be emailing you with a list of what you checked out. Please make a plan with your autism consultant about how to get these materials back to the BESC (e.g. via the PONY, drop off or pick up).



Name	Contact Information	Camp Features
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<p>Adventures Without Limits</p>	<p>www.awloutdoors.com 503-359-2568</p>	 
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Adventures Without Limits’ mission is to empower people of all abilities through quality outdoor experiences. Adventures Without Limits offers two styles of outdoor programs. We organize Trips for Everyone, in which we designate the activity, location, date, and time. Anyone in the general public may attend these trips, which usually occur once or twice a month. You can learn more about these activities from our seasonal schedule. Most of what we offer, however, is through our Custom Trip Program. Most outings start and return in the same day, but we are happy to offer multiple-day adventures if that is your preference. Our staff and volunteers are dedicated to helping people reach their potential through meaningful outdoor experiences. Our trip mentors include not only professionals in outdoor recreation, but also professionals in other fields such as engineering, teaching, occupational and physical therapy, physiology, and health care.

<p>Autistic Community Activities Program (ACAP)</p>	<p>http://www.acaportland.org</p>	  
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Summer day camp with a mission to provide community education through recreation for people. Ages 5 – adult

<p>Bike First!</p>	<p>annbikefirst@gmail.com www.bikefirsttw.com</p>	   
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Bike First! Teaches people who experience disabilities the skills needed to ride traditional bicycles. Children need to be at least 8 years old.









<p>Building Bridges Summer Camp</p>	<p>www.bridgespdx.com 503-235-3122</p>	  
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The Buidlding Bridges mission is to help children with social delays, ADD, autism, and impulse control issues, become happy, social, communicative people. Our team of therapists understands that your child is unique and is committed to helping your child reach his or her full potential.

<p>Camp Easter Seals</p>	<p>www.or.easterseals.com</p>	
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Residential camp for people with disabilities ages 7 and above



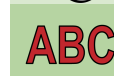

Legend

	Sports/ Activities Focus		Day Camp
	Overnight Camp		Arts & Crafts Activities
	Faith-Based		Academic Focus
	High Staff-to-Camper Ratio		Social Skill Building



Name	Contact Information	Camp Features
<p>Camp Ky-O-Wa</p> <p>Camp Ky-O-Wa has operated since 1966, as the only inclusive local day camp experience for both children with and without disabilities, age 5-11, offering a chance for kids to participate in activities such as swimming, boating, fishing, arts & crafts, games and outdoor play.</p>	<p>www.thearcmult.org 503-823-4328</p>	
<p>Camp Meadowood Springs</p> <p>Home of P.A.C.E. ASD Family Immersion Camp with a mission of “improving the lives of people who have communication difficulties and related disorders by proving service, education, training and research.”</p>	<p>www.campmeadowoodsprings.org</p>	  
<p>Camp Namanu</p> <p>Day and Overnight camp for 1st-12th grade. One week sessions</p>	<p>Campfireusa@wilanicouncil.org 877-945-2641</p>	 
<p>Camp Odakoda (formerly Camp Quest)</p> <p>An overnight camp for kids with Asperger’s Syndrome and High Functioning Autism.</p>	<p>www.asdoregon.org 503-320-3103</p>	  
<p>Camp Rivendale</p> <p>Summer day camp-8 weeks for age 6 and up Camp Rivendale is a summer day camp program providing recreational opportunities to at-risk youth and individuals with disabilities or behavioral challenges</p>	<p>www.thprd.org 503-629-6355</p>	  
<p>Camp Social</p> <p>Ages 5-14 years old. A social thinking and related skills groups for kids with Autism Spectrum Disorder, ADHD, Anxiety and others with social learning challenges. Groups are co-facilitated by Dr. Marie McMahon, PsyD. and Stephanie Gorman of Social Kraft</p>	<p>http://www.socialkraft.net 503-381-9344</p>	

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Camp Yakety-Yak	www.campyaketyyak.com 503-752-5799	 
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A therapeutic day camp for children with special needs & their siblings focusing on friendship development and is taught by communication specialists. Campers learn social communication and emotional regulation skills while engaging in fun projects. Designed for children ages 6 - 11.

Children’s Developmental Health Institute (formerly The Artz Center)	http://Childrenspdx.org 503-228-6479	  
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The Children’s Developmental Health Institute provides specialized, team-based developmental care focused on diagnosis and treatment of developmental disabilities. Developmental / behavioral pediatrics provides evaluation and ongoing case management for children with communication and developmental delays, ADHD, behavior issues, autism, and other issues affecting the ability to relate effectively with their family and the environment. Our rehabilitation services include speech-language pathology, occupational therapy, pediatric audiology, clinical psychology, and counseling. The entire team works together with the family to identify and amplify their child’s special abilities – their “spark of brilliance.”

2 camps offered specifically for summer 2013 are Handwriting Without Tears & Intensive Summer Language & Literacy Program

Easter Seals of Oregon	www.or.easterseals.com 503-223-6840	 
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Warm Water Aquatic Program Swimming lessons and recreation, Easter Seals Oregon.

Little League Challenger Division	challenger@littleleague.org 570-326-1921 x 254	
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The Challenger Division was established in 1989 as a separate division of Little League to enable boys and girls with physical and mental challenges, ages 4-18, or up to age 22 if still enrolled in high school. For more information on the Little League Challenger Division, contact Sam Ranck at the extension or email above.


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<p>Mt. Hood Kiwanis Camp for Children & Adults with Disabilities</p> <p>Offers children and adults with disabilities an opportunity to leave behind their routine lives and taste the freedom of the outdoors - to go beyond limits that they and others have set for them. Residential camp offers horseback riding, canoeing, swimming, arts and crafts, hiking, camping, outdoor cooking and a challenge course.</p>	<p>www.mhkc.org</p>	
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<p>Oregon Youth Soccer – TOPS Programs in Oregon</p>	<p>www.oregonyouthsoccer.org 503-638-9777</p>	
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TOP Soccer is a community based soccer program that is designed to meet the needs of people 4-adult with physical and or mental disabilities. Find programs in your community by visiting the website

<p>Play Space</p>	<p>www.Pdxplayspace.com 503-224-2820</p>	
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Social and communication based groups are run by SLP, a social coach + play guide and an early childhood PE teacher. Assist children with special needs in developing friendship skills in a fun supportive and guided environment. Developmentally appropriate groups for young children ages 3-10. Groups run year round with camps during summer months.

<p>Portland Parks & Recreation Adaptive & Inclusive Recreation</p>	<p>www.portlandoregon.gov/parks</p>	
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Offers many summer classes/programs and provides inclusion assistants. Families not living in Portland can still register, but have to pay the nonresident fee.

<p>Social Whiz Kids Day Camp</p>	<p>www.socialwhiz.kids.com</p>	
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This is a week long day camp held in the summer which specifically addresses many of the challenges that our children face with social skills. We use a well thought out, thoroughly researched program which is so much fun your child won't even know how hard he is working! We provide service to children with Attention Deficit Hyperactivity Disorder (ADHD), Oppositional Defiant Disorder (ODD), Generalized Anxiety Disorder (GAD), Non-Verbal Learning Disorder (NVLD), Autism Spectrum Disorder (ASD), Asperger's Syndrome (AS), Pervasive Developmental Disorder NOS (PDD NOS), Sensory Processing Disorder (SPD), or no diagnosis at all, but struggle daily with social situations. Also provided are specially designed Social Skills Groups and Parent Coaching or Parent Support Groups

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<p>Special Olympics</p> <p>Summer and fall games offered. Please check the website for further details</p>	<p>www.soor.org</p>	
<p>Upward Bound Camp</p> <p>Accredited Christian camping experiences for persons with disabilities, ages 12 – adults. Overnight and day camps with respite care available year round.</p>	<p>www.upwardboundcamp.org</p>	

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